

# ST. GALL YOUTH AND FAMILY—SEPTEMBER 10

## St. Gall Faith Formation



**CATECHETICAL THEME:** *Come to Me, all you who labor and are burdened. Matthew 11:28*

### CLASSES THIS WEEK

**WEDNESDAY WEEKLY—SEPTEMBER 13**

Grades 1-4 from 4:30-5:45pm

Grades 5-6 from 6:00-7:30pm

*Join us for Eucharistic Adoration at the beginning of classes!*



**A Prayer for Catechists**

Loving God, Creator of all things,  
you call us to be in relationship with you and others.

Thank you for calling me to be a catechist,  
for the opportunity to share with others  
what you have given to me.

May all those with whom I share the gift of faith  
discover how you are present in all things.

May they come to know you, the one true God,  
and Jesus Christ, whom you have sent.

May the grace of the Holy Spirit guide my heart and lips,  
so that I may remain constant in loving and praising you.

May I be a witness to the Gospel and a minister of your truth.  
May all my words and actions reflect your love.

*Amen.*

LOYOLA PRESS.  
A JESUIT MINISTRY

Go to Faith Formation Info & Events for links,  
info about the Eucharist and more!

[www.stgall.com/Faith-Formation](http://www.stgall.com/Faith-Formation)

Contact Donna Doherty for more information at  
donna@stgall.com or call 630-365-9166!

SEPT 10

*Learn • Pray • Do*  
**Bulletins / Puzzles**

PARISH  
LIBRARY  
—  
BOOK  
CART  
Bulletins &  
Coloring  
Pages

**Jesus teaches how to get along  
with others...**

Activities for [Ages 3+](#) and [Ages 7+](#)

You can get your Children's Bulletins online, too!  
Complete, add your name and grade or phone  
number to the front and place in the contest  
basket on the book cart in the Parish Library!

**Check out a book!**

**Next week we recognize our volunteers with a  
blessing during Masses!**

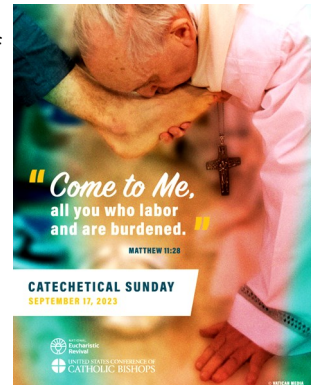
**Catechetical Sunday—September 17**

*a national day to celebrate the ministry of passing on the faith*

"Come to me all you who labor and are burdened" /

With these words from the Gospel (Matthew 11:28), the Lord Jesus offers an invitation to follow Him and the promise that He doesn't want to add to our burdens; he wants to lighten them. This theme reminds us that the object of all catechesis is Jesus himself. The role of the Catechist is, first of all, to be a disciple - one who draws close and rests in Jesus - and then to be a witness to others and a companion as they too come to know Jesus.

We are all Catechists! Thank you to all of  
those who serve the St. Gall faith family  
and surrounding community!



*Ready to fall deeper in love with the Eucharist?*

Sign up for the newsletter, updates and inspiration!

[www.eucharisticrevival.org](http://www.eucharisticrevival.org)



## Scripture Focus for SEPTEMBER 10

*If today you hear his voice, harden not your hearts.  
Ps 95:8*

### ***How can we settle conflicts? Find out in Matthew 18:15-20!***

*Jesus doesn't say that we won't have disagreements; in fact, he acknowledges them. What can we learn about the Christian way to handle conflict from Jesus' teaching? How can you apply this in your family, with your friends, and in your school?*

*Prayer is also an important part of handling conflict. Jesus promises that he will guide the decisions of those who pray to him. When we have a problem with another person, we pray that God will help bring peace to the situation and that God will be with us as we work toward this peace.*

*Excerpt from the Sunday Connection at Loyola Press.*

---

**Challenge**—follow the daily Mass to hear the whole story with a phone app or get your daily [Mass Readings](http://www.usccb.org) at [www.usccb.org](http://www.usccb.org)!



EUCCHARIST  
GROUP STUDY ON  
ZOOM!

Begins  
**SEPTEMBER 19**  
**7-8PM**  
Tuesdays

### **Lectio: Eucharist: Discovering the Mass in the Bible**

Acclaimed author and teacher Dr. Brant Pitre digs down to the biblical roots of the Eucharist, through its foreshadowing in the miraculous events of the Old Testament, the Gospels, and Apostolic teaching.

"The Lamb of God," "The Bread of Life," "The Body and the Blood of Christ"... these are phrases we know from the Mass. But do we understand what they mean in the greater and deeper context of Scripture and Church teaching? We'll discover firsthand how Christ's Body and Blood are an integral and wondrous part of God's plan for our salvation.

Contact Donna Doherty at [donna@stgall.com](mailto:donna@stgall.com) to get your ZOOM link, schedule and study guide for \$10. Watch the video on formed, complete the chapter in the study guide before joining the discussion on ZOOM. Sign in to Formed for free: [www.formed.org/stgall](http://www.formed.org/stgall).



## SEPTEMBER SAINTS Bl. Federic Ozanam 9/9

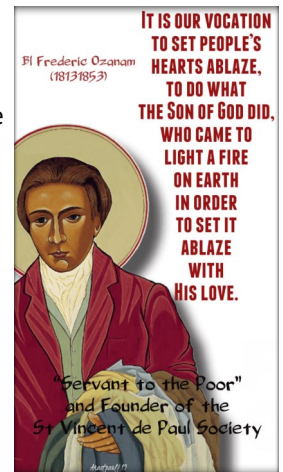
When Frédéric was sixteen, he began to have questions about his faith. He was helped by one of his professors, who encouraged him to seek the answers to these questions and not be afraid of them. He later wrote how this process of facing his questions brought him peace.

At the age of twenty, Frédéric joined with a group of friends to form the Conferences of Charity to help the poor through a spirit of service and sharing. Adopting the name, the Society of Saint Vincent de Paul, the charitable group grew rapidly and eventually spread to all five continents.

In June of 1841, Frédéric married Amélie Josephine Soulacroix. Four years later, their only child, Marie, was born. Frédéric was a loving husband and father. Even though he had many responsibilities with his work for the poor, he devoted time to his family. Amélie supported his work and they enjoyed a happy life together.

Frédéric Ozanam dedicated his life to serving the poor. He understood that charity and justice go together. He wrote that his service to those who were in need taught him about God's love. Inspired by his work and his strong faith, people throughout the world volunteer their service to the needy through the Society of Saint Vincent de Paul.

~ Excerpt from [www.sadier.com](http://www.sadier.com) ~



### **Understanding Addiction: Raising Awareness & Finding Resources September 15 from 7-9pm**

We probably know someone who struggles with an addiction to something. Maybe, we are even affected by it. Want to know more about how 12 step programs can help?

Speakers from Alcoholics Anonymous, Al-Anon and Alateen will help us understand a bit more about addictions and how these programs can help.

Information about other compulsive habits like smoking, overeating, gambling and shopping will be available, too.

Contact Donna Doherty at [donna@stgall.com](mailto:donna@stgall.com) for more information.

**FACT:** A Pew Research Center survey conducted in August found that 46% of U.S. adults say they have a family member or close friend who is addicted to drugs or has been in the past.